

Faculty Practice Plan

Waiver of Coverage Form: *Responsibility for non-covered services*

**I. Financial Responsibility**

I acknowledge full financial responsibility for services rendered by Dr. \_\_\_\_\_ or physicians providing medical coverage in his/her behalf. I understand that I am responsible for prompt payment of any portion of the charges not covered by insurance, including deductibles and copayments. I understand payment of copays is expected at time of service as well as any other balances I may owe. Furthermore, I understand that I am responsible for payment of any non-covered service and to bring a referral if the services I receive require one from my insurance carrier. I am responsible for payment of any services received without a referral or proper authorization.

**II. Assignment of Benefit Proceeds**

I consent that the payment of third party payers from my insurer, HMO, or other third party payer, be made on my behalf directly to my physician.

**III. Authorization of Release of Records**

I hereby authorize Dr \_\_\_\_\_ to release my insurer/HMO/third party payer, governmental agencies, or to whomever is financially responsible for my medical care, all information needed to substantiate payment for such medical care, if required, for pre-certification and/or prior approval purposes.

It is, however, expressly understood that there will be no obligation of the undersigned to pay for any services which are not medically necessary or improperly billed.

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**Signature of Patient or Authorized Representative**

**Date**

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**Witness**

**Date**

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

## PATIENT RECORD OF DISCLOSURES

In general, the HIPAA privacy rule gives individuals the right to request a restriction on uses and disclosures of their Protected Health Information (PHI). The individual is also provided the right to request confidential communication or that a communication of PHI can be made by alternate means, such as sending correspondence to the individual's office instead of the individual's home.

### Home telephone :

- ☐ OK to leave msg with detailed information  
☐ Leave msg with call back number only  
☐ Do not call or leave msg

### Cell phone number:

- ☐ OK to leave msg with detailed information  
☐ Leave msg with call back number only  
☐ Do not call or leave msg

### Email:

- ☐ \*Per Physician preference  
*SEE PAGE 2 FOR  
ADDITIONAL AUTHORIZATION*

### Written communication:

- ☐ OK to mail to my home address  
☐ OK to mail to my office/work address  
☐ Do not mail to my home or office

### Work telephone:

- ☐ OK to leave msg with detailed information  
☐ Leave msg with call back number only  
☐ Do not call or leave a msg

### Other:

\_\_\_\_\_  
\_\_\_\_\_

Print Name

Date

Patient Signature

Date

The privacy Rule generally requires healthcare providers to take reasonable steps to limit the use or disclosure of, and requests for PHI to the minimum necessary to accomplish the intended purpose. These provisions do not apply to uses or disclosures made pursuant to an authorization requested by the individual. Healthcare entities must keep records of PHI disclosures. Information provided below, if completed properly, will constitute an adequate record.

**NOTE:** Uses and disclosures for TPO may be permitted without prior consent in an emergency.

### Authorization to discuss health information:

By initialing here \_\_\_\_\_

I authorize Dr. \_\_\_\_\_ to discuss my health information  
with \_\_\_\_\_

**\*Record of disclosures of Protected Health Information**

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

## GUIDELINES FOR MEDICATION AND DRUG SCREENING

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**Patient Name**

**DOB**

**Today's Date**

I will be seen at the Neuroscience Institutes of Great Neck, Physician Partners, Northwell Health, Pain and Headache Treatment Center for relief of my pain. I understand that my treating clinician often used medications trials to help reduce the intensity and frequency of pain. This therapeutic modality is often considered as one component of a comprehensive pain management program. ***Please initial each line as indicated.***

### **PART 1 Informed Consent**

- \_\_\_\_\_ 1. I have been informed of the risk of developing tolerance, or an addiction to opioid dependency, and also of the risk of addiction to any newborn children of pregnant female patients taking opioids. I have been informed of the risk of depression and suicidal ideation from narcotics.
- \_\_\_\_\_ 2. I give permission to the office of the prescribing physician to contact my pharmacy and/or my other physicians directly, at the physician's discretion, to discuss, review and evaluate my prescription and medical data.
- \_\_\_\_\_ 3. Please be advised upon conclusions of your 1<sup>st</sup> visit we reserve the right to contact previous treating physicians and pharmacies; therefore you may not receive any controlled substance medications at your first visit.

### **PART 2 Long Term Medication Agreement**

**Our policy regarding the use of prescription medication at the center:** I agree to the following,

- \_\_\_\_\_ 1. I will not exceed the prescribed dose unless cleared in advance by the Physician
- \_\_\_\_\_ 2. I will not have other practitioners provide pain medicine unless cleared in advance by my Pain Management clinician
- \_\_\_\_\_ 3. I will provide my pain management clinician with a list of all ongoing current medications prescribed by other practitioners as well as over the counter medications including vitamins and herbs. I give my physician permission to speak with my pharmacist and/or treating clinicians in regard to my care
- \_\_\_\_\_ 4. A single pharmacy will provide the medication. At the beginning of this agreement you must designate the name of that pharmacy and it cannot be changed, except in writing with reasonable notice.
- \_\_\_\_\_ 5. I will notify my physician within 24 hours if additional controlled medications are prescribed to you by any other health care provider. (e.g, by emergency room, the hospital or other physicians)
- \_\_\_\_\_ 6. Under **no circumstance** are you to share, distribute, exchange medication prescribed to you.
- \_\_\_\_\_ 7. The decision to drive is your responsibility, as you have been made aware that opioids can partially affect your driving ability.

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

## GUIDELINES CONTINUED

### **PART 3      Our policy regarding the use of “controlled” substances at the center:**

Examples include but are not limited to Vicodin, Percocet, MS Contin, Oxycontin, Duragesic, Dilaudid, Methadone or anti-Anxiety medication. I agree that:

- \_\_\_\_\_ 1. Controlled substance prescriptions will be provided **only** in person and **only** at the time of my scheduled visit unless cleared by clinician
- \_\_\_\_\_ 2. Controlled substance prescriptions will not be mailed or called into a pharmacy unless cleared by our clinician. Please allow up to 3 business days for your prescription to be called in.
- \_\_\_\_\_ 3. It is my responsibility to make monthly follow up appointments after each visit unless cleared by my clinician
- \_\_\_\_\_ 4. I am responsible to store my medications either in a locked box or safe.

### **PART 4      Our policy regarding prescriptions for ‘non-controlled’ substances at the center:**

Examples include, but are not limited to anti-depressants, anti-consultants, muscle relaxants, and anti-inflammatories. I agree that

- \_\_\_\_\_ 1. **Please allow up to 3 business days** (from the time of my phone call to the center) for all non-controlled substances to be called into the pharmacy.

### **PART 5      Our policy regarding intermittent Urine Drug Screening**

- \_\_\_\_\_ 1. Your physician reserves the right to perform intermittent or unannounced urine drug testing. The presence of a non-prescribed drug(s) or illicit drug(s) in the urine can be grounds for termination of the Doctor-patient relationship.
- \_\_\_\_\_ 2. I will submit to intermittent urine screening upon request of the pain clinician

**Please be aware, these guidelines are in place to help provide the best care to our patients.**

**By signing below, I agree that I have read and understand these guidelines.**

**Failure to comply with these guidelines may result in the discontinuation of prescribing such medication(s) at the center.**

**In addition, failure to comply with the guidelines may result in dismissal from our practice.**

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Signature of Patient

Date

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Signature of Physician

Date

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

### **What is a *formulary*?**

If you have prescription coverage for the medication your clinician prescribes, you will want to become familiar with your insurance carriers drug pricing system called a *formulary*. The formulary will contain approved medications by the insurance carrier. The list was created to keep cost down for the insurance company while offering you a competitive list of drug options.

### **How does this affect our patients?**

Your insurance carrier may not cover part or all of the cost for medication your clinician prescribes. Requesting the *formulary* and reviewing it with your clinician during your office visit will ensure you find the right treatment options for the least out of pocket expense.

### **What if I need a non-*formulary* drug?**

If you agree that a non-*formulary* drug is the best option, you will have to work with your Doctor to get an approval from your insurance company. This is called an exception process and can delay you receiving your medication.

### **How do I obtain a *formulary*?**

Any Healthcare payer will make its *formulary* available to you. It will be readily available on its website or contact the customer service department and they will mail it to you.

I have read and understood the need for a *formulary*.

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Signature of Patient or Authorized Representative

Date

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Northwell Health Physician Partners Pain & Headache Center Patient Self Report Form****Patient Demographics:**

Name: \_\_\_\_\_ Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_

Referred by: ☐ primary care physician ☐ other neurologist ☐ family member  
☐ friend ☐ other (please write) \_\_\_\_\_

Name of referring person: \_\_\_\_\_

Family Physician or Primary Care: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

**Headache History:**Describe your problem? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_Are you involved in any lawsuits regarding this problem? ☐ Yes ☐ No (describe) \_\_\_\_\_Do you have more than one headache type? ☐ Yes ☐ No

Describe headache type #1: \_\_\_\_\_

Describe headache type #2: \_\_\_\_\_

Are you ever headache free? ☐ Yes ☐ NoWhen? ☐ Pregnancy ☐ Vacation ☐ Weekends ☐ Random ☐ Remission☐ Other (describe) \_\_\_\_\_

Onset of initial headache:

Headaches started \_\_\_\_\_ years ago I was \_\_\_\_\_ years old

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

### Patient Self Report Form

#### Headache Type #1:

Date of onset of first headache type: \_\_\_\_\_

Precipitating Event (what provoked your first headache):

☐ None known                      ☐ Injury (describe) \_\_\_\_\_  
☐ Menarche (1<sup>st</sup> Menstrual Period)      ☐ Pregnancy  
☐ Other (describe) \_\_\_\_\_

Pattern of Onset:      ☐ Sudden                      ☐ Rapid                      ☐ Gradual                      ☐ Varies  
Timing of headache: ☐ Morning                      ☐ Afternoon                      ☐ Evening                      ☐ Night  
                                  ☐ Awakens from sleep      Varies

Periods of increased frequency: ☐ Weekends      ☐ Weekdays      ☐ Vacation  
    ☐ Seasonal (Spring/ Summer/ Fall/ Winter)

Frequency of attacks:    # per day ☐                      # per week ☐                      # per month ☐  
    # per year ☐                      # of lifetime attacks ☐ continuous ☐  
                                  Are they increasing in frequency?      ☐ Yes      ☐ No

Duration: (How long do they last?)

With medication lasts: \_\_\_\_\_ minutes      \_\_\_\_\_ hours ☐ \_\_\_\_\_ days  
 How often does it recur within 24 hours? \_\_\_\_\_ % of time  
 Without medication lasts: \_\_\_\_\_ minutes      \_\_\_\_\_ hours ☐ \_\_\_\_\_ days

How often does it recur within 24 hours? \_\_\_\_\_ % of time

Severity: (How bad is the pain on a scale from 0 to 10 <where 0 is no pain and 10 is the worst>)

Lowest and highest level of pain for this headache type:  
                                  Low \_\_\_\_\_                      High \_\_\_\_\_

Usual severity of this headache type: \_\_\_\_\_  
 Worse with menses?                      ☐ Yes      ☐ No

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_



The visual symptoms last for: \_\_\_\_\_ minutes \_\_\_\_\_ hours

How long does the aura last before head pain starts? \_\_\_\_\_ minutes \_\_\_\_\_ hours

How long does the aura and head pain last together? \_\_\_\_\_ minutes \_\_\_\_\_ hours

If you have more than one symptom, do they happen: ☐ All at once ☐ Separately

Do you ever have visual aura without headache pain? ☐ Yes ☐ No

#### Sensory

☐ Numbness/ tingling- right ☐ Numbness/ tingling- left ☐ Numbness/ tingling- both

☐ Dizziness/ unsteadiness ☐ Vertigo ☐ Light headedness

☐ One- sided weakness ☐ General weakness ☐ Speech difficulty

☐ Unable to speak ☐ Other (describe) \_\_\_\_\_

Do the symptoms spread? ☐ Yes- spreads slowly ☐ No- begins all at once

The sensory symptoms start: ☐ Before the headache pain ☐ During the headache pain

The sensory symptoms last for: \_\_\_\_\_ minutes \_\_\_\_\_ hours

How long does the aura last before head pain starts? \_\_\_\_\_ minutes \_\_\_\_\_ hours

How long does the aura and head pain last together? \_\_\_\_\_ minutes \_\_\_\_\_ hours

If you have more than one symptom, do they happen: ☐ All at once ☐ Separately

Do you ever have sensory aura without headache pain? ☐ Yes ☐ No

Do you have any other auras? ☐ Yes ☐ No (describe) \_\_\_\_\_

#### Premonitory Symptoms:

Do you experience any of these symptoms before the onset of your headaches? (Check all that apply)

☐ Heightened feeling of wellness ☐ Difficulty concentrating ☐ Increased appetite

☐ Hyperactive ☐ Sensitive to light ☐ Decreased appetite

☐ Extremely talkative ☐ Sensitive to noise/ sound ☐ Feeling cold

☐ Depressed feeling ☐ Sensitive to odors ☐ Diarrhea

☐ Irritability ☐ Difficulty with speech ☐ Constipation

☐ Feeling sluggish ☐ Excessive yawning ☐ Extremely thirsty

☐ Drowsy ☐ Neck stiffness ☐ Increased urination

☐ Restless ☐ Food cravings ☐ Fluid retention

☐ Dizziness ☐ Weakness ☐ Other

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Provoking Factors: Things that bring on my headache (Check all that apply)

Food/ Beverage:    ☐ Fasting ☐ Chocolate    ☐ Caffeine    ☐ Nitrates  
                                  ☐ MSG    ☐ Alcohol    ☐ Wine    ☐ Other \_\_\_\_\_

Physical Exertion:    ☐ Coughing    ☐ Talking ☐ Chewing    ☐ Exercise  
                                  ☐ Sexual Intercourse    ☐ Other \_\_\_\_\_

Hormonal:                Menses:    ☐ Before ☐ During ☐ After  
                                  Pregnancy    ☐ Menopause

Stress:                    ☐ Work    ☐ Home    ☐ Family ☐ Other \_\_\_\_\_  
                                  ☐ Let down after stressful situation

Environmental: ☐ Allergies    ☐ Weather    ☐ Altitude    ☐ Sunlight

Sleep:                    ☐ Less sleep    ☐ Too much sleep    ☐ Change in wake/ sleep

Other triggers:        (describe) \_\_\_\_\_

Relieving Factors: Things that improve my headache (Check all that apply)

☐ Lying down                                    ☐ Dark quiet room                                    ☐ Massage

☐ Hot compress                                ☐ Cold compress                                ☐ Pregnancy

☐ Keeping active/ pacing                    ☐ Standing                                    ☐ Other \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Headache Type #2:** (If no 2<sup>nd</sup> headache type skip ahead 4 pages to 'Quality of Life Review')

Date of onset of first headache: \_\_\_\_\_

Precipitating Event (what provoked your first headache):

☐ None known ☐ Injury (describe) \_\_\_\_\_

☐ Menarche (1<sup>st</sup> Menstrual Period) ☐ Pregnancy

☐ Other (describe) \_\_\_\_\_

Pattern of Onset: ☐ Sudden ☐ Rapid ☐ Gradual ☐ Varies  
Timing of headache: ☐ Morning ☐ Afternoon ☐ Evening ☐ Night  
☐ Awakens from sleep ☐ Varies

Periods of increased frequency: ☐ Weekends ☐ Weekdays ☐ Vacation  
☐ Seasonal (Spring/ Summer/ Fall/ Winter)

Frequency of attacks: # per day ☐ # per week ☐ # per month ☐  
# per year ☐ # of lifetime attacks ☐ continuous ☐  
Are they increasing in frequency? ☐ Yes ☐ No

Duration: (How long do they last?)

With medication lasts: \_\_\_\_\_ minutes \_\_\_\_\_ hours ☐ \_\_\_\_\_ days

How often does it recur within 24 hours? \_\_\_\_\_% of time

Without medication lasts: \_\_\_\_\_ minutes \_\_\_\_\_ hours ☐ \_\_\_\_\_ days

How often does it recur within 24 hours? \_\_\_\_\_% of time

Severity (How bad is the pain on a scale from 0 to 10 <where 0 is no pain and 10 is the worst>)

Lowest and highest level of pain for this headache type:

Low \_\_\_\_\_ High \_\_\_\_\_

Usual severity of this headache type: \_\_\_\_\_

Worse with menses? ☐ Yes ☐ No

Allodynia:

Do you experience pain or unpleasant sensation *on your skin* during an attack when you:

Comb your hair <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Pull your hair back <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
Shave <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Wear glasses <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
Wear contacts <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Wear earrings <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
Wear necklaces <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Take a shower <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>
Expose to heat/ cold <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>	Rest head on pillow <input type="checkbox"/>	Yes <input type="checkbox"/> No <input type="checkbox"/>

Location: ☐ Temples ☐ Back of Head ☐ Side of Head ☐ Front of Head  
☐ Around head ☐ Eye ☐ Ear ☐ Neck  
☐ Jaw ☐ Other (describe) \_\_\_\_\_

Sidedness: ☐ Left-sided ☐ Right-sided  
☐ Both sides ☐ Varies

Change sides: ☐ Between attacks ☐ During attacks ☐ Both between and during

Character: ☐ Throbbing/ Pulsing ☐ Pressure ☐ Achy  
☐ Burning ☐ Tight ☐ Searing  
☐ Dull ☐ Shooting ☐ Stabbing  
☐ Other (describe) \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Activities that worsens headache:

☐ None      ☐ Walking  
☐ Climbing steps   ☐ Exercise  
☐ Other (describe) \_\_\_\_\_

Headache disability during or immediately after an attack:

☐ Normal activity      ☐ Slight decrease in function  
☐ Moderate decrease in function   ☐ Severe decrease in function  
☐ Confined to bed

Associated features:

<input type="checkbox"/> Light Sensitive	<input type="checkbox"/> Nausea	<input type="checkbox"/> Vomiting
<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Sound Sensitive	<input type="checkbox"/> Smell Sensitive
<input type="checkbox"/> Increased Urination	<input type="checkbox"/> Constipation	<input type="checkbox"/> Insomnia
<input type="checkbox"/> Sore/ stiff neck	<input type="checkbox"/> Increased appetite	<input type="checkbox"/> Decreased appetite
<input type="checkbox"/> Eye Tearing (R/L/B)	<input type="checkbox"/> Ringing in ears	<input type="checkbox"/> Blurred vision
<input type="checkbox"/> Nose Congested (R/L/B)	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Poor Concentration
<input type="checkbox"/> Drooping Eyelid (R/L/B)	<input type="checkbox"/> Irritability	<input type="checkbox"/> Memory Problems
<input type="checkbox"/> Language Problems	<input type="checkbox"/> Confusion	<input type="checkbox"/> Change in Pupil
<input type="checkbox"/> Other (describe) _____	<input type="checkbox"/> Visual spotting	<input type="checkbox"/> Skin sensitivity

Aura: Do you have any of these symptoms before your headache begins? (Check all that apply)

Visual

<input type="checkbox"/> Blurry vision	<input type="checkbox"/> Loss of vision in one eye	<input type="checkbox"/> Tunnel vision
<input type="checkbox"/> Flashing lights	<input type="checkbox"/> Loss of vision on one side	<input type="checkbox"/> Double vision
<input type="checkbox"/> Zigzag lines	<input type="checkbox"/> Total blindness	<input type="checkbox"/> Other _____
Do the symptoms spread?	<input type="checkbox"/> Yes- spreads slowly	<input type="checkbox"/> No- begins all at once
The visual symptoms start:	<input type="checkbox"/> Before the headache pain	<input type="checkbox"/> During the headache pain
The visual symptoms last for: _____ minutes      _____ hours		
How long does the aura last before head pain starts? _____ minutes      _____ hours		
How long does the aura and head pain last together? _____ minutes      _____ hours		
If you have more than one symptom, do they happen: <input type="checkbox"/> All at once <input type="checkbox"/> Separately		
Do you ever have visual aura without headache pain? <input type="checkbox"/> Yes <input type="checkbox"/> No		

Sensory

<input type="checkbox"/> Numbness/ tingling- right	<input type="checkbox"/> Numbness/ tingling- left	<input type="checkbox"/> Numbness/ tingling- both
<input type="checkbox"/> Dizziness/ unsteadiness	<input type="checkbox"/> Vertigo	<input type="checkbox"/> Light headedness
<input type="checkbox"/> One- sided weakness	<input type="checkbox"/> General weakness	<input type="checkbox"/> Speech difficulty
<input type="checkbox"/> Unable to speak	<input type="checkbox"/> Other (describe) _____	
Do the symptoms spread? <input type="checkbox"/> Yes- spreads slowly <input type="checkbox"/> No- begins all at once		
The sensory symptoms start: <input type="checkbox"/> Before the headache pain <input type="checkbox"/> During the headache pain		
The sensory symptoms last for: _____ minutes      _____ hours		

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

How long does the aura last before head pain starts? \_\_\_\_\_ minutes \_\_\_\_\_ hours

How long does the aura and head pain last together? \_\_\_\_\_ minutes \_\_\_\_\_ hours

If you have more than one symptom, do they happen: ☐ All at once ☐ Separately

Do you ever have sensory aura without headache pain? ☐ Yes ☐ No

Do you have any other auras? ☐ Yes ☐ No (describe) \_\_\_\_\_

#### Premonitory Symptoms:

Do you experience any of these symptoms before the onset of your headaches? (Check all that apply)

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Heightened feeling of wellness | <input type="checkbox"/> Difficulty concentrating                   | <input type="checkbox"/> Increased appetite  |
| <input type="checkbox"/> Hyperactive                    | <input type="checkbox"/> Sensitive to light                         | <input type="checkbox"/> Decreased appetite  |
| <input type="checkbox"/> Extremely talkative            | <input type="checkbox"/> Sensitive to noise/ sound                  | <input type="checkbox"/> Feeling cold        |
| <input type="checkbox"/> Depressed feeling              | <input type="checkbox"/> Sensitive to odors                         | <input type="checkbox"/> Diarrhea            |
| <input type="checkbox"/> Irritability                   | <input type="checkbox"/> Difficulty with speech                     | <input type="checkbox"/> Constipation        |
| <input type="checkbox"/> Feeling sluggish               | <input type="checkbox"/> Excessive yawning <input type="checkbox"/> | <input type="checkbox"/> Extremely thirsty   |
| <input type="checkbox"/> Drowsy                         | <input type="checkbox"/> Neck stiffness <input type="checkbox"/>    | <input type="checkbox"/> Increased urination |
| <input type="checkbox"/> Restless                       | <input type="checkbox"/> Food cravings                              | <input type="checkbox"/> Fluid retention     |
| <input type="checkbox"/> Dizziness                      | <input type="checkbox"/> Weakness                                   | <input type="checkbox"/> Other _____         |

#### Provoking Factors: Things that bring on my headache (Check all that apply)

- Food/ Beverage: ☐ Fasting ☐ Chocolate ☐ Caffeine ☐ Nitrates  
☐ MSG ☐ Alcohol ☐ Wine ☐ Other \_\_\_\_\_
- Physical Exertion: ☐ Coughing ☐ Talking ☐ Chewing ☐ Exercise  
☐ Sexual Intercourse ☐ Other \_\_\_\_\_
- Hormonal: ☐ Menses: (if so, then) ☐ Before ☐ During ☐ After  
☐ Pregnancy ☐ Menopause
- Stress: ☐ Work ☐ Home ☐ Family ☐ Other \_\_\_\_\_  
☐ Let down after stressful situation
- Environmental: ☐ Allergies ☐ Weather ☐ Altitude ☐ Sunlight
- Sleep: ☐ Less sleep ☐ Too much sleep ☐ Change in wake/ sleep
- Other triggers: (describe) \_\_\_\_\_

#### Relieving Factors: Things that improve my headache (Check all that apply)

- |   |  |                                      |
|---|--|--------------------------------------|
| <input type="checkbox"/> Lying down             | <input type="checkbox"/> Dark quiet room | <input type="checkbox"/> Massage     |
| <input type="checkbox"/> Hot compress           | <input type="checkbox"/> Cold compress   | <input type="checkbox"/> Pregnancy   |
| <input type="checkbox"/> Keeping active/ pacing | <input type="checkbox"/> Standing        | <input type="checkbox"/> Other _____ |

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

### Quality of Life Review:

1. My appetite over last 1 month has: ☐ Increased ☐ Decreased ☐ No change  
 My energy over last 1 month has: ☐ Increased ☐ Decreased ☐ No change  
 My mood over the last 1 month is: ☐ Better ☐ Worse ☐ No change

My mood can be described as: (check all that apply)

- ☐ Anxious ☐ Calm ☐ Depressed  
☐ Euphoric ☐ Irritable ☐ Angry  
☐ Rageful ☐ Tearful ☐ Other \_\_\_\_\_

2. I get \_\_\_\_\_ hours of continuous sleep per night.

Check all that apply:

- ☐ I have no trouble falling asleep ☐ I have difficulty falling asleep  
☐ I have trouble staying asleep ☐ I sleep too much  
☐ I snore ☐ I sleepwalk  
☐ I have sleep apnea ☐ I talk in my sleep  
☐ My headache awakens me ☐ I wake up with a headache  
☐ I wake up during the night or early morning for no apparent reason

3. My sexual function is: (check all that apply)

- ☐ Normal ☐ No change ☐ No orgasm  
☐ Increased libido ☐ Decreased libido ☐ Erectile problems  
☐ Other (describe) \_\_\_\_\_

4. Headache's effect on ability to function:

- Work productivity: ☐ days/ month missed  
 School productivity: ☐ days/ month missed  
 Social/ family activities: ☐ days/ month missed

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Previous Treatments and Testing:**

**Previous Treatments** (Please give name of provider, date, type of treatment and if it helped)

†Primary care provider	_____
†Neurologist	_____
†Otolaryngologist (ENT)	_____
†Dentist/ dental	_____
†Chiropractor	_____
†Ophthalmologist	_____
†Psychiatrist/ psychologist	_____
†Biofeedback/ relaxation	_____
†Physical therapy	_____
†Massage	_____
†Acupuncture/ acupressure	_____
†Herbal/ homeopathic medicine	_____
†Other (describe)	_____

**Previous Testing** (Please give date and results)

†Head MRI	_____	†	EEG	_____
†MRA/ MRV	_____		Lumbar Puncture	_____
†Cervical MRI	_____	†	EKG	_____
†Lumbar Spine MRI	_____		EMG	_____
†Head CT	_____		Sleep Study	_____
†Other (describe)	_____			

**Interventions** (Please give date and results)

†Trigger Point Injection	_____	†	Occipital Nerve Block	_____
†Botulinum (Botox)	_____		Other Nerve Block	_____
†Acupuncture	_____		†Other	_____

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

### **Preventive Medications**

Please circle any medications that you have taken for your headaches

Abilify (aripiprazole)	Klonopin (clonazepam)	Sansert
Atacand (candesartan)	Lamictal	Savella
Ativan (lorazepam)	Lexapro (escitalopram)	Seroquel (quetiapine)
Botox	Librium	Serzone
Buspar	Limbitrol	Sinequan (doxepin)
Butterbur	Lithium	Tegretol (carbamazepine)
Calan	Luvax	Tenormin (atenolol)
Cardizem (diltiazem)	Lyrica (Pregabalin)	Tofranil
Cataflam (diclofenac)	Magnesium	Topamax
Catapres (clonidine)	Melatonin	Toprol XA (metoprolol)
Celebrex	Methergine	Trigger Point Injections
Celexa (citalopram)	Migraniel/ Migrahealth	Trileptal
Clinoril (sulindac)	Nardil	Triavil
Coenzyme Q-10	Navane (thiothixene)	Ultram (tramadol)
Corgard	Nerve blocks	Valium (diazepam)
Cymbalta	Neurontin (gabapentin)	Verapamil
Depakote (Valproate)	Norpramin (desipramine)	Vitamin B2 (Riboflavin)
Dilantin (phenytoin)	Norvasc (amlodipine)	Vivactil
Effexor XR	Pamelor (nortriptyline)	Wellbutrin
Elavil (amitriptyline)	Parafon Forte	Xanax (alprazolam)
Feverfew	Parnate	Zanaflex (tizanidine)
Flexeril	Periactin	Zoloft (sertraline)
Gabitril	Petadolex	Zonegran (zonisamide)
Geodon (ziprasidone)	Paxil (paroxetine)	Zyban
Haldol	Plendil (felodipine)	Zyprexa (olanzapine)
Imipramine	Prestiq	Inderal (propranolol)
Procardia (nifedipine)	Indocin (indomethacin)	Prozac (fluoxetine)
Keppra	Remeron (mirtazapine)	Risperdal

**Abortive Medications:** Please circle any medications that you have taken for your headaches

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_



Advil (ibuprofen)	Fioricet	Norgesic
Aleve (naproxen)	Fioricet with codeine	Orudis (ketoprofen)
Amerge (naratriptan)	Fiorinal	Oxy IR/ Oxycodone
Anaprox (naproxen sodium)	Fiorinal with codeine	OxyContin
Antivert (meclizine)	Flexeril	Parafon Forte
Arthrotec	Frova	Percocet
Aspirin	Haldol	Percodan
Avinza	Hydrocodone	Phenergan (Promethazine)
Axert	Imitrex tabs (sumatriptan)	Phrenelin
Bellergal	Imitrex nasal spray	Prednisone (prednisolone)
Benadryl (diphenhydramine)	Imitrex injections	Reglan (metoclopramide)
Cafergot	Indocin (indomethacin)	Relafen (nabumetone)
Celebrex	Klonopin (clonazepam)	Relpax (eletriptan)
Celexa	Lortab	Robaxin (methocarbamol)
Clinoril (sulindac)	Maxalt (rizatriptan)	Skelaxin (metaxalone)
Codeine	Medrol Dose Pak	Soma
Compazine (prochlorperazine)	Methadone	Stadol
Darvocet	Methergine	Talwin
Darvon	Midrin	Thorazine (chlorpromazine)
Daypro	Migralief/ Migrahealth	Toradol (ketorolac)
Decadron (dexamethasone)	Migranal	Tylenol (acetaminophen)
Demerol (meperidine)	Morphine	Valium (diazepam)
DHE	Motrin (ibuprofen)	Vicodin
Dilaudid (hydromorphone)	MS Contin	Vioxx
Dolobid (diflunisal)	MSIR	Voltaren (diclofenac)
Duragesic patch	Naprosyn	Xanax (alprazolam)
Excedrin	Navane (thiothixene)	Zanaflex (tizanidine)
Feldene	Nembutal	Zomig (zolmitriptan)
Feverfew	Norflex	Zyprexa (olanzapine)

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

### Medication List

#### **Current Medications**

Please list ALL current medications and daily dosages. Include over-the-counter medications, vitamins, and homeopathic treatments in addition to prescribed medications

Medication	Daily Dosage	Side Effects Results

Medication	Daily Dosage	Side Effects Results

#### **Previous Headache Medications**

Please list ALL previous medications used for headache management.

Medication	Daily Dosage	Side Effects Results

Medication	Daily Dosage	Side Effects Results

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Allergies:**

☐ Foods      ☐ Medicines      ☐ Dye/ iodine      ☐ Seafood ☐ Other (please name) \_\_\_\_\_

What type of reaction did you have? (describe) \_\_\_\_\_

**Past Medical History:**

General Health: ☐ Excellent      ☐ Good      ☐ Fair      ☐ Poor

Have you had any of the following medical problems?

☐ Diabetes      ☐ Arthritis      ☐ Asthma  
☐ Hypertension      ☐ Cervical Neck/ spine problems      ☐ Heart disease      ☐ Skin problems  
☐ Ulcers/Gastrointestinal problem ☐ Cancer  
☐ Kidney/renal disease      ☐ Stroke/transient ischemic attack      ☐ Head injury  
☐ Infectious disease      ☐ Seizures/ epilepsy      ☐ Psychiatric  
☐ Hepatitis/liver disease      ☐ Gynecologic problems      ☐ Thyroid disease  
☐ Dental problems      ☐ Deep vein thrombosis/phlebitis ☐ Pulmonary disease  
☐ Ear/Nose/Throat problems      ☐ Elevated Cholesterol      ☐ Heart Attack  
☐ Other (describe) \_\_\_\_\_

Have you ever been hospitalized or had surgery? (List reason, date, hospital)

\_\_\_\_\_  
\_\_\_\_\_

**Menstrual History:**

Menarche (age of onset) \_\_\_\_\_ Are you still menstruating? ☐ y ☐ n  
Last menstrual period \_\_\_\_\_ Menses occurs monthly? ☐ y ☐ n  
Cycle length \_\_\_\_\_ If not monthly, every \_\_\_\_\_  
Character \_\_\_\_\_ Reason for menopause \_\_\_\_\_

**Obstetrical History**

Total Pregnancies \_\_\_\_\_ ☐ Living \_\_\_\_\_  
☐ Full term babies \_\_\_\_\_ ☐ Induced abortions \_\_\_\_\_  
☐ Premature \_\_\_\_\_ ☐ Miscarriages \_\_\_\_\_

Are you currently sexually active?

☐ Yes      ☐ No

Current method of contraception: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Social History:**

Living in:                      ☐ Home                      ☐ Apartment                      ☐ Other \_\_\_\_\_  
 Living in household      ☐ # of people \_\_\_\_\_                      ☐ # of children \_\_\_\_\_                      ☐ # children < 18 \_\_\_\_\_  
 Education                      ☐ Some high school                      ☐ High school/ GED                      ☐ Some college  
    ☐ College degree                      ☐ Post grad school                      ☐ Grade \_\_\_\_\_  
 Employment Status      ☐ Part-time                      ☐ Full-time                      ☐ Retired  
    ☐ Disabled                      (please describe why) \_\_\_\_\_  
    ☐ Type of work: \_\_\_\_\_

**Risk Factors:**

I drink or drank: Alcohol: # \_\_\_\_\_                      ☐ day                      ☐ week                      ☐ month  
    Year began \_\_\_\_\_                      Year stopped \_\_\_\_\_  
 Drug use:                      ☐ Marijuana                      ☐ Cocaine                      ☐ Heroin                      ☐ Other \_\_\_\_\_  
    Year began \_\_\_\_\_                      Year stopped \_\_\_\_\_  
 Tobacco history:                      I have never smoked                      ☐ I used to smoke                      ☐ I smoke now  
    I smoked # \_\_\_\_\_                      ☐ day                      ☐ week                      ☐ month  
    Year you quit smoking: ☐ \_\_\_\_\_  
 Caffeine use:                      I drink # \_\_\_\_\_ caffeinated beverages                      ☐ day                      ☐ week  
 Seatbelt use:                      I wear a seatbelt regularly                      ☐ yes                      ☐ no

**Lifestyle Factors:**

Do you exercise?                      ☐ yes                      ☐ no                      How often? \_\_\_\_\_  
 Are you on any special diet?      ☐ yes                      ☐ no                      What type? \_\_\_\_\_  
 Any recent weight loss/gain? ☐ yes                      ☐ no                      How much? \_\_\_\_\_

**Family History:**

Do you know of any blood relative who has had:  
☐ Heart disease    ☐ Hypertension    ☐ Stroke    ☐ Arthritis                      ☐ Headache  
☐ Neurologic disease    ☐ Asthma                      ☐ Cancer    ☐ Diabetes                      ☐ Liver disease  
☐ Thyroid disease                      Alcoholism                      ☐ Addiction                      ☐ Anxiety                      ☐ Depression  
☐ Irritable Bowel    Fibromyalgia                      ☐ None (non-contributory)

Please explain: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

## Review of Systems:

Have you been having any of the following symptoms **NOT** associated with your headache over the last 6 months?

Fever	†	yes	no	Shortness of breath	†	yes	no
Tremors		†yes†	no	Fatigue	†	yes†	no
Nausea		†yes†	no	One-sided weakness	†	yes	n
Double vision		†yes	†no	Constipation	†	yes†	no
Vertigo	†	yes†	no	Diarrhea	†	yes†	no
Loss of consciousness†		yes†	no	Rash	†	yes†	no
Abdominal pain	†	yes†	no	Obstructed vision	†	yes†	no
Frequent urination	†	yes†	no	Tearing	†	yes†	no
Irregular periods		†yes†	no	Anxiety	†	yes†	no
Back Pain		†yes†	no	Depression	†	yes†	no
Blurry vision		†yes†	no	Neck pain	†	yes†	no
Recent weight loss		†yes†	no	Congestion		†yes†	no
Muscle soreness	†	yes†	no	Recent weight gain	†	yes†	no
Ringing in the ear	†	yes†	no	Flashing lights	†	yes†	no
Heat intolerance		†yes†	no	Cold intolerance	†	yes†	no
Chest pain		†yes†	no	Cold hands and feet	†	yes†	no
Bruise easily		†yes†	no	Rapid heartbeats	†	yes†	no
Leg/ Foot swelling		†yes†	no	Lightheadedness		yes†	no
Shakiness		†yes†	no	Hay fever symptoms	†	yes†	no
None of the above	†	yes†	no	All others are negative†		yes†	no

## Additional Comments:

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Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Alternative and Complementary Medicine Questionnaire**

Please answer all questions to the best of your ability. If you have not participated in the activity than answer 'No' and move on to the next question.

Description of activity	Have you participated in this treatment?		For what condition did you use this treatment?	For how many weeks did you participate?	For how many sessions did you participate?	Did you find benefit with this treatment?	
	Yes	No				(write in answer)	(insert #)
1. Acupressure							
2. Acupuncture							
3. Alexander Technique							
4. Aromatherapy							
5. Art Therapy							
6. Aura Therapy							
7. Autogenics							
8. Autosuggestion							
9. Bach Flower Remedies							
10. Biochemic Salts							
11. Biofeedback							
12. Chiropractic							
13. Coining							
14. Cranial Osteopathy							
15. Cranial Sacral Therapy							
16. Crystal Healing							
17. Cupping							
18. Dance Therapy							
19. Diet							
20. Feldenkrais Method							
21. Herbal Medicine							
22. Homeopathy							
23. Hydrotherapy							
24. Hypnotherapy							
25. Iridology							
26. Kinesiology							
27. Macrobiotics							
28. Massage Therapy							
29. Meditation							
30. Maxibustion							

**Alternative and Complementary Medicine Questionnaire**

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Please answer all questions to the best of your ability. If you have not participated in the activity than answer ‘No’ and move on to the next question.

Description of activity	Have you participated in this treatment?		For what condition did you use this treatment?	For how many weeks did you participate?	For how many sessions did you participate?	Did you find benefit with this treatment?	
	Yes	No				Yes	No
31. Naturopathy			(write in answer)	(insert #)	(insert #)		
32. Negative Ion Therapy							
33. Osteopathy							
34. Physical Therapy							
35. Reflexology							
36. Rolfing							
37. Pilates							
38. Prolotherapy							
39. Qi Gong							
40. Shiatsu							
41. T'ai Chi Ch'uan							
42. Thalassotherapy							
43. Trepanation							
44. Yoga							
45. Other _____							

### Migraine Disability Assessment\*

Patient's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Instructions:** Please answer the following questions about ALL the headaches you have had over the last three (3) months. Write your answer in the box next to each question. Write zero (0) if you did not do the activity in the last 3 months.

1. On how many days in the last 3 months did you miss work or school because of your headaches?	<b>DAYS</b> ↓
2. How many days in the last 3 months was your productivity at work or school reduced by half or more because of your headaches? <i>(Do not include days you counted in question #1 where you missed work or school.)</i>	<b>DAYS</b> ↓
3. On how many days in the last 3 months did you not do household work because of your headaches?	<b>DAYS</b> ↓
4. How many days in the last 3 months was your productivity in household work reduced by half or more because of your headaches? <i>(Do not include days you counted in question #3 where you did not do household work)</i>	<b>DAYS</b> ↓
5. On how many days in the last 3 months did you miss family, social or leisure activities because of your headaches?	<b>DAYS</b> ↓
6. On how many days in the last 3 months did you have a headache? <i>(If a headache lasted more than one (1) day, count each day)</i>	<b>DAYS</b> ↓
7. On a scale of 0 to 10, on average how painful were these headaches? <i>(Where 0 = no pain at all and 10 = pain as bad as it can be)</i>	<b>PAIN</b> ↓

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_



Department of Neuroscience

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

**Advance Directives** (Applicable to patients over the age of 18 years)

<b>Do you have a health care proxy (Advance Directive)</b> (If yes, please ask patient for a copy and place in the chart today or at the next visit)	<b>Yes</b>	<b>No</b>
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<b>Do you want more information on a Health Care Proxy?</b> (If yes, please give patient an Advanced Directives brochure)	<b>Yes</b>	<b>No</b>
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<b>Do you desire help in creating a Health Care Proxy?</b> (If yes, refer to the Department of Social Work at (718) 470-7540)	<b>Yes</b>	<b>No</b>
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**Smoking Cessation**

<b>Have you ever smoked?</b>	<b>Yes</b>	<b>No</b>
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<b>If yes, have you smoked in the past 12 months?</b> (If yes, please give patient smoking cessation brochure.)	<b>Yes</b>	<b>No</b>
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**Passport to Health**

<b>Would you like a Passport to Health, a tool which will help you keep track of your medical history, prescriptions and advance directives?</b>	<b>Yes</b>	<b>No</b>
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**Initial Patient Visit Health Information Reviewed and Addressed by Neuroscience Staff Member:**

\_\_\_\_\_  
(Neuroscience Staff Member Signature)

\_\_\_\_\_  
(Date)

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_