



Addiction services				
Program/clinic name	Direct contact number	Address	Office hours	Overview
Outpatient addiction services clinic				
Chemical Dependency Program	(631) 331-8200	100 Highlands Boulevard Port Jefferson, NY 11777	Mon-Thur: 9am-9pm Fri: 9am-5pm Sat: 8am-4pm	Chemical Dependency Program is an outpatient clinic serving adults and adolescents. It provides individual, group, intensive outpatient and medication-assisted treatment. Psychiatric evaluation and management are also provided for those in need of treatment for co-occurring disorders. Individualized treatment is provided for patients and families/significant others that is designed to address the mental, physical, behavioral and spiritual effects of substance use.

Mental health services				
Program/clinic name	Direct contact number	Address	Office hours	Overview
Inpatient psychiatry services				
Inpatient Psychiatry Units (Adult, Adolescent)		75 North Country Road Port Jefferson, NY 11777	24 hour unit	Individuals experiencing acute psychiatric distress are encouraged to call 911 for assistance or to visit their nearest emergency room to be assessed. All inpatient admissions are admitted through the emergency department.
Partial hospitalization				
Eating Disorder Program	(631) 473-3877	100 Highlands Boulevard Port Jefferson, NY 11777	Mon-Fri: 11am-7pm	The Mather Hospital Eating Disorder Program is a time-limited daily program for the treatment of acute symptoms of eating disorders including anorexia nervosa, bulimia nervosa and binge eating. Treatments include group therapy, individual therapy, family groups, medication management and psychiatric evaluation. The program can also address treatment for coexisting psychiatric diagnoses. Many major insurances are accepted.
Adolescent Partial Hospital	(631) 473-3877	100 Highlands Boulevard Port Jefferson, NY 11777	Mon-Fri: 11am-7pm	Adolescent Partial Hospital is a time-limited intervention to stabilize acute psychiatric symptoms of mental illness for patients ages 12-17. It can serve as a step down from inpatient psychiatric units or as an alternative to an inpatient hospitalization for patients who are able to be maintained safely within the community. Treatments include group therapy, individual therapy, family groups, medication management and psychiatric evaluation.
Adolescent Partial Hospital	(631) 473-3877	100 Highlands Boulevard Port Jefferson, NY 11777	Mon-Fri: 11am-7pm	Adult Partial Hospital is a time-limited intervention to stabilize acute psychiatric symptoms of mental illness for patients ages 18 and above. It can serve as a step down from inpatient psychiatric units or as an alternative to an inpatient hospitalization for patients who are able to be maintained safely within the community. Treatments include group therapy, individual therapy, family groups, medication management and psychiatric evaluation.
Outpatient mental health clinic				
Mental Health Clinic	(631) 729-2140	125 Oakland Avenue, Suite 303 Port Jefferson, NY 11777	Mon-Fri: 9am-8pm Sat: 9am-5pm	The Mather Hospital Mental Health Clinic is an outpatient clinic serving adults and adolescents. Treatments include group therapy, individual therapy, family groups, psychiatric evaluation and medication management. The clinic provides treatment for disorders including anxiety, depression, attention deficit hyperactivity disorder (ADHD), bipolar disorder, personality disorders and post-traumatic stress disorder. Many major insurances are accepted.
Outpatient specialty services				
Outpatient Physician Services	(631) 928-3122	170 North Country Road Port Jefferson, NY 11777	Mon-Thur: 8am-7pm Fri: 8am-5pm	Outpatient Physician Services address patients in need of psychiatric evaluation and ongoing psychiatric medication management. Patients receive outpatient psychiatric treatment from psychiatrists and psychiatric nurse practitioners. The practice provides evaluation and medication management for disorders including anxiety, depression, attention deficit hyperactivity disorder (ADHD), bipolar disorder, personality disorders and post-traumatic stress disorder (PTSD).