



Northwell outpatient behavioral health practices				
Program/ clinic name	Direct contact number	Address	Office hours	Overview
Mildred and Frank Feinberg Division of the Unified Behavioral Health Center for Military Veterans and their Families (UBHC)	(631) 647-2530	132 East Main Street Bay Shore, NY 11706	Mon-Fri: 9am-5pm	The <b>UBHC</b> is dedicated to enhancing the well-being of the military and veteran communities of Long Island. It is a unique collaborative effort between a nonprofit health system (Northwell Health) and the Veterans Affairs Medical Center (Northport VAMC) to treat veterans and their family members (including children) under one roof. The UBHC offers compassionate, evidenced-based behavioral health care, including therapy and medication to military and veteran families who are struggling with conditions related to military service.
The Center for Neuropsychological Services	(718) 470-8763	Ambulatory Care Pavilion 74th Avenue entrance Glen Oaks, NY 11004	Mon-Fri: 9am-5pm	The <b>Center for Neuropsychological Services</b> is an outpatient practice providing neuropsychological assessment and intervention services to adults and children with acquired or developmental brain disorders to clarify diagnoses, characterize functional ability, and guide treatment. We also provide therapeutic intervention to help improve functioning in those who have experienced cognitive disturbance. Many major insurances are accepted.
The Cognitive Behavioral Therapy (CBT) Practice	(718) 470-8755	75-59 263rd Street Glen Oaks, NY 11004	Mon-Fri: 9am-5pm by appointment only	The <b>Cognitive Behavioral Therapy (CBT) Practice at Glen Oaks</b> is an outpatient community practice offering cognitive behavioral therapy for adults and children experiencing depression, anxiety, or related disorders. CBT is an evidence-based therapy that teaches patients skills to address problematic patterns of thinking and behavior. Many major insurances and self-pay are accepted. Referrals for medication management are provided if needed.
Northwell Health Physician Partners (NHPP) Behavioral Health Group Practice at Manhasset	(516) 472-5860	1554 Northern Boulevard Manhasset, NY 11030	Mon & Fri: 9am-5pm Tues/Wed/Thurs: 8am-6pm	The <b>Behavioral Health Group Practice in Manhasset</b> is staffed by psychiatrists and behavioral health clinicians specializing in child, adolescent and adult psychiatry. The practice offers a comprehensive program including psychopharmacology, individual and family therapy, cognitive behavioral therapy and eye movement desensitization and reprocessing (EMDR). Diagnoses we commonly treat include depression, bipolar disorder, anxiety disorders, post-traumatic stress disorder (PTSD), attention deficit disorders, obsessive-compulsive disorders, substance abuse and dual diagnoses. Clinicians work in a collaborative environment ensuring that treatment goals are clearly stated and achievable. They routinely coordinate care with outside specialists to ensure the best possible outcome. Many major insurances are accepted.
Northwell Health Physician Partners (NHPP) Behavioral Health Psychopharmacology Practice at Glen Cove	(516) 674-7814	10 Medical Plaza Suite 302 Glen Cove, NY 11542	Mon/Wed/ Thurs/Fri: 10am-5pm Tues: 11am-7pm	The <b>NHPP at Glen Cove practice</b> offers diagnostic evaluations and psychopharmacological treatment for diverse conditions including anxiety disorders, depression, adjustment reactions, stressful family issues, and more serious disorders such as bipolar illness or obsessive-compulsive disorder. Many major insurances are accepted.
The Center For Traumatic Stress Resilience and Recovery (CTSRR)	(833) 327-1001	75-59 263rd Street Glen Oaks, NY 11004	Mon-Fri: 9am-5pm (Additional evening availability by appointment only)	The <b>Center For Traumatic Stress Resilience and Recovery (CTSRR)</b> offers evidence-based therapy for individuals and their family members who have been impacted by traumatic experiences such as COVID-19, disasters, physical or sexual assault, war zone exposure and other incidents that occur in the course of occupational and daily life. Services are provided by expert clinicians who specialize in the treatment of trauma-related conditions and symptoms such as post-traumatic stress disorder (PTSD), anxiety, depression, irritability, trouble sleeping, and negative beliefs about one's self and others.