

# PREGNANCY WELLNESS ASSESSMENT

Have you experienced any of the following?



## Past pregnancy problems:

- Baby born small, early or unhealthy
- Blood clots
- Excessive bleeding
- Infertility
- Pregnancy loss



## Preeclampsia risk:

- Age over 35
- Black
- Diabetes
- High blood pressure
- Previous preeclampsia



## Long-term medical issues:

- Diabetes
- Heart or kidney disease
- High blood pressure
- Mental health
- Obesity
- Substance use



## Lack of support, such as:

- Access to health care or insurance
- Family/partner
- Food insecurity
- Housing
- Transportation

## If yes:

Do you have a primary care provider, obstetrician or gynecologist?



**Yes**

See your provider before or early in your pregnancy



**No**

Call Northwell's maternal navigation team at **(516) 918-6008** to find a provider.



**Northwell Health**  
Katz Institute for  
Women's Health

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